

6-Day Trek M'Goun

Hike towards the south down along a oued in beautiful ait bougmmaz valley between fields of barley, wheat and potato, through stands of apple, peach and walnut trees. passing through the village of R'goult and fields of wheat , barley, and corn to traverse the col , giving us a splendid vista of forests and mountains then down to targdite plateau 2900m the grazing lands of the great warriors of the ascent to the highest point at 4068m, we set carefully off down some sree to rejoin a mule trail which leads us to the tizi n' amsoud and the gorges of oulilimte, we're now off on a further 7 hours hike up through the pass of tizi n'ait imi 2860m which straddles the Mgoun and berber village of tabant.

DAY 01: Marrakesh ——— Tizin Oughbar 2200m Azib n Ikkis 2250m – camp

Transfer early morning breakfast to Azilal and on to the Col de Tizi n Oughbar, panoramic view of the whole mountain range Tizal-RAT-Azourki.... Descent into the valley of Oued Lakhdar and finally arrived in the valley of Ait Bougmez happy, meeting with the team Carriers and cook Agouti; after tea with them loading baggage and start hiking up the wadi Arous, Azib n'Ikkis night at 2300m camp near sheepfolds: Time: 3H walk / vertical climb 450m

DAY 02: Azib n — Ikkis 2250m Col de Tarkedit 3400m — Tarkedit 2900m

We slowly climb to the Col Tarkedit 3400m, mule trails comfortable final source before col (do not forget to fill gourdes for the day) a few stops before the Col where the view is magical on the chain Mgoun and summit Mgoun 4068m – short descent to the plateau of Tarkedit frequented by nomads; night in tents at the encampment Time: 5:30 walk – Elevation climb 1150m and 500m descent.

DAY 03: Ascension of Tarkedit — M'Goun 4071m Sources Oulilimt 2600m

Departure to 5 am to avoid walking in the middle of heat, a long step 8H walk. Begins on the day with a climb easily without technical difficulty in a beautiful landscape with a trail accessible and Ascension is optional (for those who is not to climb to the top by taking a variant Col-n-Ougmar 2970m). Picnic for lunch (Eggs hard-tomato-cheese-thon-sardine-Pain-oranges ... as dried fruits every day ...). From the ridge, a panoramic view to the summit where the view is splendid throughout the Massif du M'Goun its valleys and distant (Drâa valley and Dades...) long descent and then a little tiring, but always with beautiful landscapes – Carriers to join our close to the source with the bivouacs. Time: 8:30 whose 5H by mulattiera Slope climb 1170m and 1470m negative

DAY 04: The Oulilimt Valley Oulilimt — Tighremt'n Ait Ahmed – Camp-2250m

Cc'est the day as short, a great day of discovery, starting around 8:00. The mule track crosses the massive beautiful colors (Gray Red Green...) – fairy chimneys -. Along our tour there are fewer villages, but there are more than Nomades protected by cliffs or caves with their herd of goats, sheep and camels. Lunch at the entrance Gorges Oulilimt

(Do not forget the swimsuit)-camp in the evening near Tighremt n Ait Ahmed 2300 m, meeting place of the formerly nomadic caravan from the desert and sell their goods in cities. A good place to bivouac – 5H De Marche: Elevation descent 350m.

DAY 05: No Tighremt Ait Ahmed Ait Imi — Col 2905 m — Valley Ait Bougmez

We start the day with a small climb slowly towards the Col Ait Imi. On our way encounters with nomads in their family herds... (even take water in the morning, because there will be no camp before noon). Panoramic view magnificent from the Col on all mountains; The right Wawgoulzat 3760m, Tagafayt, 3700 m, Igoudamene 3600m and 3700m facing Azourki, Tizal height marabout Sidi Moussa 3100 m and behind overlooking Mgoun. Descending to the famous source Ait Imi instead of lunch in the shade. In the village of Ait Imi and the paths that zigzag in the fields and in the groves of walnut trees, it merges with our Carriers. Night in the region. Hot shower in the evening. For a group of ten people Méchoui evening – Duration: 6H walk 650m and 1000m climb down.

DAY 06: Ait Bougmez ————— OUZOUD Cascades of Marrakech

Departure to 8H morning back in Marrakesh by the same route as the go, but this time with the visit of the Cascades Ouzoud (larger cascades of Morocco, 110m high) a little walk in the valley of olive trees for see monkeys... arrival in the afternoon in Marrakech, free time to visit the city. DAY 08: Transfer to the airport Depending on your departure time free visit rendezvous 2H prior to the time off at the front desk of the Hotel, transfer to the airport. Good Return hoping to have the pleasure of welcoming you again.